

CRYSTAL METH
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Materials:

1. Mustad Nymph hook 3906B #12-#10
2. Sparkle Braid (various Colors)
3. 6/0 thread
4. Crystal Flash

Tying instructions:

1. Tie in thread behind eye and wrap back to bend of hook
2. tie in two strands of crystal flash
3. Tie in sparkle braid
4. Fold sparkle braid towards hook eye and tie in first loop
5. Tie three or four more loops making the center loops slightly larger
6. create head and whip finish